

Co-Ed Soccer

1. A schedule among teams will be established.
2. The rules for soccer shall be the current edition of the National Federation of High School Rules for Soccer with the following exceptions:
3. Four – 15 minute running quarters.
4. A five (5) minute water break will occur during each 15 minutes of play. A ten (10) minute break will occur at halftime.
5. Each team will be permitted one (1) time out per half. The time out will last one (1) minute.
6. The referee will stop the timer when a player is injured or when either team is not in an offensive scoring situation.
7. Only one official is required in regular season play. Two officials are required in tournament play. If two officials fail to arrive for a game, the game may be played with one official with mutual consent of both coaches. If no official is in attendance, the game will be postponed or canceled.
8. When an athlete or a coach receives a RED card in a game, he/she will not be eligible for the next game (whether it is a regular season or tournament game).
9. During tournament play ONLY, if the game ends in a tie, a shoot-out will take place. Each coach will select 5 kickers from their team to participate in the shoot-out. A coin will be tossed to determine who goes first. The team with the most goals from the shootout will be declared the winner.
10. The strict uniform rule does not need to be followed, as long as team members can be identified as being a member of their team.
11. Student athletes may not wear jewelry.